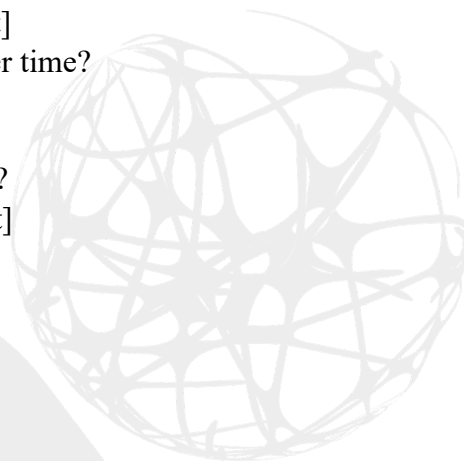


High Three - Unit Five - Summary

- 1- Why is the definition of happiness an abstract concept for most of us?
- 2- What is the role of our brain in our daily happiness?
- 3- Why are some experiences linked with long-term exhilaration while others are the opposite?
- 4- How can adapting to a new condition affect our feelings of happiness?
- 5- Do you agree that money brings happiness? [why/why not]
- 6- Why can some strong emotions, such as love be faded over time?
- 7- How can we increase our daily positive emotions?
- 8- Why aren't we good at forecasting our future feelings?
- 9- What is the difference between happiness and satisfaction?
- 10- Are you happy with the way of your living? [why/why not]



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